

Listening Comprehension



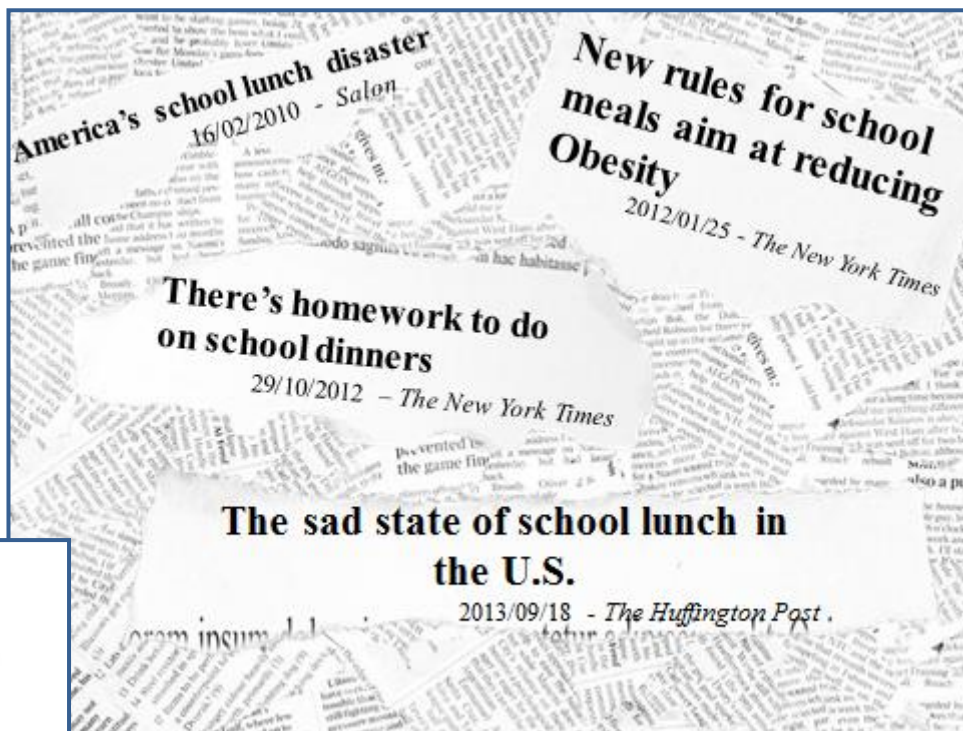
You are going to listen to a radio interview between a nutritionist and the host of the radio programme *Good Food*. They are talking about America's school dinners.



“School dinners” mean the same as “school lunches”. They are a very important topic in the USA nowadays.

I. Before listening

1. Read the following American newspaper headlines.



“Rules” mean “regras/políticas” in Portuguese
“Aim” means “ter o objetivo de”..
“Homework” means “TPC”.
“Sad” means “triste”,
“State” means “estado”.



2. According to these newspaper headlines, what do you think the nutritionist is going to say during the interview? Put a tick in the correct answer (✓).



She is going to say that...

- ... American teenagers eat healthy meals at school.
- American teenagers eat unhealthy meals at school.
- ... American teenagers don't eat at their school canteens.

II. During the listening

3. Listen carefully to the interview and confirm your prediction. Was your hypothesis correct?

Yes

No



4. Listen again to this interview and fill in the blanks with the words from the box:



junk food	hot dogs	Evan Kleiman	vegetables
water	fish	Pam Smith	fat
Fast food	sugary drinks		

America's school dinners

1 **Interviewer:** Good morning. Welcome to our radio programme *Good Food* at KCRW, California. My name is (1) _____ and today we are going to talk with Doctor (2) _____, a nutritionist that is going to talk about America's school dinners. Good morning and welcome to our programme.

5 **Interviewed:** Good morning.

Interviewer: My first question is: What do teenagers eat at school?

Interviewed: Well, most teens eat too much (3) _____, sugar and salt in their school lunch. They don't eat enough (4) _____ or fruit. And they don't drink much (5) _____. Our body needs¹ water, so we must drink a lot of water every day.

10 **Interviewer:** What is their favourite food?

Interviewed: (6) _____ is usually their first choice². Hamburgers, French fries, (7) _____, pizza, sweets and sandwiches are their favourite food.

Interviewer: What food should they eat then?

Interviewed: Scientists believe that vegetables, fruit, meat, (8) _____ and eggs help 15 children³ and teenagers learn better.

Interviewer: So, what can be done?

Interviewed: Schools should ban⁴ unhealthy food machines and water machines should replace (9) _____ machines. Parents⁵ should educate their children⁴ to eat well. They must also start cooking healthy meals at home instead of buying (10) _____ from the 20 nearest⁷ fast food restaurant. It is their obligation to give an example to their children.

Interviewer: Thank you very much for your advice and for your presence in this weekly morning programme.

Interviewed: It was my pleasure⁸.



Vocabulary:

¹ **needs** – precisa de (l.8)

² **first choice** – primeira escolha (l. 9)

³ **children** - crianças (l. 14)

⁴ **ban** – proibir (l. 16)

⁵ **parents** – pais (l. 17)

⁶ **children** - filhos (l. 17)

⁷ **the nearest** – o mais próximo (l. 19)

⁸ **it was my pleasure** – o prazer foi todo meu



5. Compare your answers with your classmate.

III. After listening

6. Read now the text in silence. **Are the following sentences True (T) or False (F)?**
Write the number of the lines from the text that justify your choices. Follow the example.

	T/F	Lines
Pam Smith is interviewing Evan Kleiman.	F	2-4
a) American teens do not eat too much unhealthy food.		
b) It is very important to drink water.		
c) There are some types of food that help teens learn better.		
d) Schools cannot do anything to help teenagers eat healthier.		
e) Parents should buy fast food instead of cooking healthy meals.		



Newspaper headlines taken from Brody (2012), Nixon (2012), Salon (2010) and The Huffington Post (2011);

Exercise 3 adapted from Barros, Correia & Barros (2013, p. 29).