



# Commercially relevant species in the Mediterranean Sea: A perspective from Late Pleistocene to the Industrial Revolution

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## ABSTRACT

The Mediterranean Sea is the world's second-largest biodiversity hotspot and has been impacted by several environmental changes and human activities since pre-historic times. We present the results of a systematic review of the published literature on the nature and extent of these impacts on the ancient-historic Mediterranean marine ecosystems. We aim to provide an overview of the current state of knowledge and identify research gaps about climate and human-activity impacts on commercially relevant species of marine mammals, fishes, and molluscs in the Mediterranean Sea over the last 130 thousand years until the Industrial Revolution (the year 1850). In most of the reviewed publications, species were used as indicators of past climatic conditions or human subsistence strategies. A research gap remains, however, in quantifying their effects on marine ecosystems. Based on our results, we identify data trends in time and space and by functional group. Data are available primarily from the Holocene rather than the Late Pleistocene, reflecting a heterogeneous availability of records. The Adriatic Sea is underrepresented among subregions, which may indicate variability of accessible data between subregions rather than an actual lack of information. Marine mammals were less studied than fishes and molluscs in the three subregions. Despite the lack of standardised guidelines to conduct studies and the subsequent variability in information, this work can provide novel insights into the importance of studying the evolution of research focused on past environmental and anthropogenic impacts in the Mediterranean Sea. Research efforts need to be balanced to examine both economically and ecologically valuable species in the marine ecosystem. We also reinforce the need for uniforming approaches to gather data in a useable format for posterior research.

## 1. Introduction

Marine ecosystems are extremely diverse and socioeconomically valuable globally (Millennium Ecosystem Assessment, 2005; Halpern et al., 2008). They offer cultural services (e.g., tourism) as well as ecosystem services like provision (e.g., food), regulation (e.g., water purification), and support (e.g., coastal protection) (Doney et al., 2012; Bernhardt and Leslie, 2013; Liqueste et al., 2013).

The Mediterranean Sea, the world's second-largest biodiversity hotspot (IUCN-MED, 2009), is a climate-warming hotspot (Giorgi, 2006; Diffenbaugh and Giorgi, 2012) which has been experiencing significant disruptions since prehistorical times through climate change (e.g. Berger et al., 2016; Lionello et al., 2023) and human activities (e.g. Jackson et al., 2001; Coll et al., 2010). Environmental and anthropogenic changes significantly affect the biodiversity, functioning, and structure

of the Mediterranean Sea (Lotze et al., 2006; Coll et al., 2010; Moullec et al., 2019). Such changes, which are partly also detected in the geological record, include pollution, deoxygenation, acidification and warming (Danovaro, 2003, 2018; Diaz and Rosenberg, 2008; Lacoue-Labarthe et al., 2016; Mancini et al., 2024). These impacts include habitat loss, ecosystem degradation, and the overexploitation of marine resources (Halpern et al., 2008; Coll et al., 2010; Côté et al., 2016). All these factors disrupt the natural equilibrium in marine ecosystems, affecting habitat quality, prey availability, and species phenological patterns, among others (Pauly et al., 1998; Planque et al., 2010; Howarth et al., 2014).

Despite existing knowledge about the long-term impacts of climate change and human activities on marine ecosystems (Jackson et al., 2001; Lionello et al., 2023), there is still a lack of understanding of their extent on past marine ecosystems (Cushing, 1988; Smith, 1994). Most

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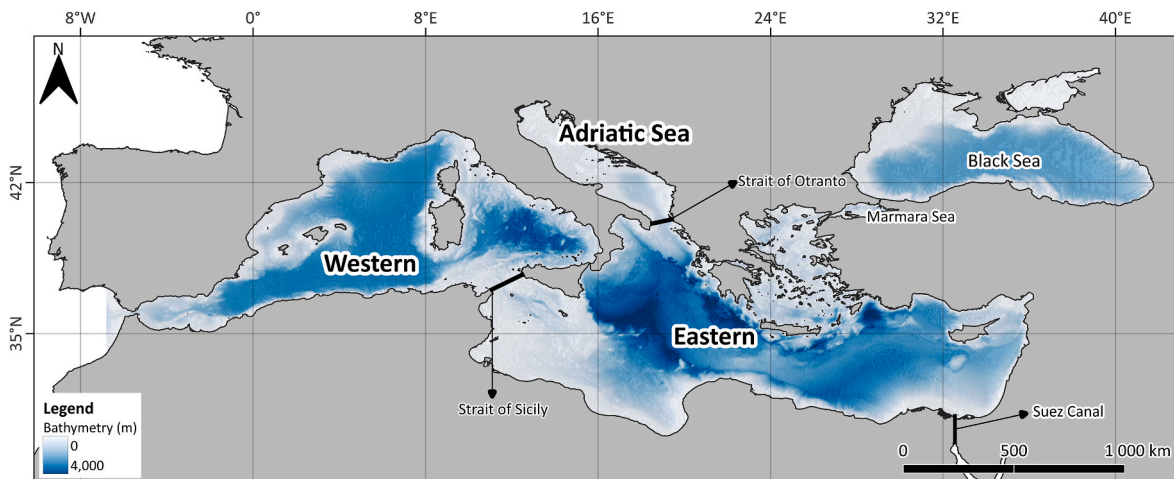


Fig. 1. Mediterranean Sea and the regional divisions (Western, Eastern and Adriatic) adopted in this work. Black and Marmara Sea are also indicated.

studies focus on marine ecosystems' current problems, often relying on data from the past century. However, these current data are already influenced by climate variations and human activities, failing to represent the pristine conditions of these ecosystems (Agiadi and Albano, 2020). This tendency can result in an underestimation of long-term changes in marine ecosystems (Pauly, 1995). To counter this trend, historical, archaeological and paleontological data are increasingly used (Lotze et al., 2006; Rick and Lockwood, 2012; Braje et al., 2017), as these records can span from hundreds to millions of years. The geo-historical record can provide long-term and pristine baseline data on marine ecosystems, offering insights beyond those of current monitoring (Dietl and Flessa, 2011). However, obtaining paleontological and archaeological data can be challenging, as it relies on the presence/absence of remains in specific locations. At the same time, historical records such as written materials vary broadly in scale, resolution and context (Thurstan, 2022). This inherent diversity of historical sources presents a significant challenge in the construction of a comprehensive historical database.

The Mediterranean Sea is home to several emblematic and endemic species of marine mammals, fishes, and molluscs which play different ecological roles in this marine ecosystem (Beaugrand et al., 2018), from predation and grazing to ecosystem structure, functioning and engineering (Bowen, 1997; Cury et al., 2000; Wallach et al., 2015; Ysebaert et al., 2019). These marine species can influence ecosystem dynamics through their trophic position, exerting top-down, "wasp-waist", or bottom-up control on the food web (e.g., Bowen, 1997; Cury et al., 2000; Wallach et al., 2015). Filter-feeding molluscs can also improve water quality and enhance ecosystem stability (Ostroumov, 2005), while large migrators, such as marine mammals and fish, facilitate energy and nutrient transfer across ecosystems (Kitchell et al., 1979; Nathan et al., 2008).

In this context, the present work aims to assess the existing literature on climate and human impacts on commercially important species of marine mammals, fishes, and molluscs in the Mediterranean Sea between the Late Pleistocene until the Industrial Revolution (130,000 years ago to 1850) and identify research gaps. We use the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) 2020 methodology, a widely used approach for conducting systematic reviews (Page et al., 2021). In this way, this review contributes to guiding current and future research and environmental management in the Mediterranean Sea ecosystems.

## 2. Materials and methods

### 2.1. Study area

The study was carried out in the Mediterranean Sea (Fig. 1), which is the largest and deepest semi-enclosed sea in the world (Robinson and Golnaraghi, 1994). It is nowadays connected to the Atlantic Ocean on the west side through the Strait of Gibraltar. To the northeast, it is connected to the Marmara Sea through the Dardanelles Strait, and further to the Black Sea through the Bosphorus Strait. In the southeast part, it is connected with the Red Sea through the Suez Canal. Physical boundaries established by the straits of Sicily (between Italy and Tunisia) and Otranto (Italy and Albania) separate the Mediterranean into three subregions: the Western and Eastern sub-basins, and the Adriatic Sea (Millot and Taupier-Letage, 2005; Rio et al., 2007; Robinson et al., 2009), which we have adopted for this work.

### 2.2. Temporal framework

Over the years, classification schemes for the geological (Stuiver and Reimer, 1986; Walker et al., 2018; Head et al., 2021), cultural (e.g., Haywood, 1997; Stiner and Kuhn, 2006; Sánchez, 2007), and climatic (e.g., Briffa, 2000; Briffa and Osborn, 2002; Roberts et al., 2011) periods have been proposed for the Mediterranean Sea in different subregions. We have created a table with all the available periods so that we can perform all the analyses between these subregions and use a uniform identification of the regions and periods (see timetable from Leal et al., 2025), incorporating both the geological terms settled by the Global Boundary Stratotype Section and Points from the International Commission on Stratigraphy (ICS, <https://stratigraphy.org/gssps/>), as well as the cultural and environmental events terms identified in the literature. The periods in this table are dated based on years Before Present system. All conversions to this system were made using the package *rcarbon* (Crema and Bevan, 2020) in R version 4.4.1 (R Core Team, 2023).

### 2.3. Systematic literature review process

The present study conducted a systematic review of peer-reviewed scientific articles, reviews, data articles and book chapters. Some authors, such as Abram et al. (2016), refer to the effect of the Industrial Revolution starting to be relevant from 1850, thus, we considered this year to be the start of the Industrial Revolution in the Mediterranean Sea. The Mediterranean Sea is characterised by high biodiversity and a long history of interaction between humans and marine resources (Coll et al., 2010 with references therein). This is why we decided to focus on

**Table 1**  
Species analysed in this work.

Scientific Name	Common Name	Family	Functional Group
<i>Delphinus delphis</i> Linnaeus, 1758	Common Dolphin	Delphinidae	Marine Mammal
<i>Monachus monachus</i> (Hermann, 1779)	Mediterranean monk seal	Phocidae	Marine Mammal
<i>Engraulis encrasicolus</i> (Linnaeus, 1758)	European anchovy	Clupeidae	Fish
<i>Sardina pilchardus</i> (Walbaum, 1792)	European pilchard	Clupeidae	Fish
<i>Sardinella aurita</i> Valenciennes, 1847	Round sardinella	Clupeidae	Fish
<i>Sardinella maderensis</i> (Lowe, 1838)	Madeiran sardinella	Clupeidae	Fish
<i>Sparus aurata</i> Linnaeus, 1758	Gilthead seabream	Sparidae	Fish
<i>Diplodus annularis</i> (Linnaeus, 1758)	Annular seabream	Sparidae	Fish
<i>Diplodus bellottii</i> (Steindachner, 1882)	Senegal seabream	Sparidae	Fish
<i>Diplodus cervinus</i> (Lowe, 1838)	Zebra seabream	Sparidae	Fish
<i>Diplodus levanthinus</i> Fricke, Golani & Appelbaum-Golani, 2016	–	Sparidae	Fish
<i>Diplodus puntazzo</i> (Walbaum, 1792)	Sharpsnout seabream	Sparidae	Fish
<i>Diplodus sargus</i> (Linnaeus, 1758)	White seabream	Sparidae	Fish
<i>Diplodus vulgaris</i> (Geoffroy Saint-Hilaire, 1817)	Common two-banded seabream	Sparidae	Fish
<i>Diplodus</i> spp.	–	Sparidae	Fish
<i>Thunnus thynnus</i> (Linnaeus, 1758)	Atlantic bluefin tuna	Scombridae	Fish
<i>Thunnus</i> spp.	–	Scombridae	Fish
<i>Ostrea edulis</i> Linnaeus, 1758	European flat oyster	Ostreidae	Mollusc
<i>Hexaplex trunculus</i> (Linnaeus, 1758)	Banded dye-murex	Muricidae	Mollusc
<i>Phorcus turbinatus</i> (Born, 1778)	Turbinat monodont	Trochidae	Mollusc
<i>Phorcus</i> spp.	–	Trochidae	Mollusc
<i>Monodonta</i> sp.	–	Trochidae	Mollusc

commercially important species (including marine mammals, fish and molluscs; [Table 1](#)) most commonly found in records referring to the use, consumption and/or exploitation during the past ([Colonese et al., 2011](#); [Lotze et al., 2011](#); [Agiadi and Albano, 2020](#)). This work was conducted using the PRISMA 2020 methodology (Preferred Reporting Items for Systematic Reviews and Meta-Analyses; [Page et al., 2021](#)). This methodology is divided into four steps: (1) a systematic selection of peer-reviewed articles using search engines; (2) removal of duplicates and two screening processes based on pre-set inclusion/exclusion criteria, (3) identification of other relevant studies via secondary literature, which are retrieved from the resulting from the step 1 (systematic selection) and after step 2 (removal of duplicates), and (4) the extraction of information from both sources (search engines and secondary literature) into a database based on targeted variables. The final search included a total of eighteen species: two marine mammals, thirteen fishes, and three molluscs.

The searches were conducted in English. The databases used to retrieve the information were Elsevier's Scopus (<http://www.scopus.com/>) and the Web of Science Core Collection (Clarivate) (<https://webofknowledge.com/>). The search was conducted on February 12, 2024. We searched using the “All fields” mode, which explores all the searchable fields using one query, including “title”, “abstract”, and “keywords”. The strings used in the search were grouped into five main categories with a specific set of keywords within – taxa, with currently scientifically accepted names for each species, reported

**Table 2**  
Inclusion and exclusion criteria for literature screening in the systematic review.

	Inclusion Criteria	Exclusion Criteria
<b>First Screening</b>		
1	The study focuses on the selected species of marine mammals, fishes and molluscs	The study was conducted on non-targeted taxa or non-targeted species
2	The study was conducted in the Mediterranean Sea or a specific subregion within the basin	The study was conducted outside the study area
3	The study focuses on the Late Pleistocene and Holocene, until the Industrial Revolution	The study focuses on other periods not covered in the present study
<b>Second Screening</b>		
1	The study focuses on the selected species of marine mammals, fishes and molluscs	The study was conducted on non-targeted taxa or non-targeted species
2	The study was conducted in the Mediterranean Sea or a specific subregion within the basin	The study was conducted outside the study area
3	The study focuses on the Late Pleistocene and Holocene, until the Industrial Revolution	The study focuses on other periods not covered in the present study
4	Open access document	No access to the document
5	Reviews included quantitative data	Reviews including qualitative and/or descriptive data
6	The literature used is in English	The literature is in any other language
7	Climate or human impacts on the targeted species	Out of topic

by the World Register of Marine Species ([WoRMS Editorial Board](http://www.marinespecies.org)) (<http://www.marinespecies.org>), the most commonly used unaccepted names found in literature and their respective common names; sub-regions of interest; timeframe; impacts including both human and climate; and theme. The keywords from each topic were combined using the Boolean operator “OR”, while different topics were connected using the operator “AND”. The “impact-related” topic terms were combined in a single query to avoid restrictive results (see [Table S1](#) to check all strings used within each category). Once the searches were done in both search engines, the datasets were merged, the duplicates were removed, and the remaining articles were screened.

The screening was divided into two steps. In the first step, the titles and abstracts were screened considering the targeted species, study area and timeframe. Only the articles meeting the first inclusion criteria ([Table 2](#)) were downloaded and used for the second screening. In the second screening, only the papers with quantitative data, which also met the inclusion criteria ([Table 2](#)) based on the full-text screening, were included in the database. See [Table S2](#) for the compilation of scientific publications used to build the database. With this information, a database was built ([Leal et al., 2025](#)), including a set of variables that captured the details of the included article. These variables encompassed general information about the articles, the location of the data (coordinates), the type of assemblage from where the data originated (categorised as natural or archaeological), and the respective age (absolute or relative). In cases where the authors did not provide specific coordinates but indicated the general location of the site, we assigned the coordinates representing the midpoint of the area. Additionally, we collected information on certain effect measures, such as the dating method used, the time interval covered by the study and the sampling effort.

For other specific variables used for subsequent quantitative analyses, we chose not to explore this topic in the present work, as it falls outside the scope of the general objective outlined above.

#### 2.4. Data analyses

All the maps presented in this work were created using Free and Open Source QGIS version 3.34.3 ([QGIS.org](http://qgis.org)). The bathymetry data was

**Table 3**  
Temporal coverage of each geological period. ICS refers to the International Commission on Stratigraphy (Cohen et al., 2013).

Years BP	Series	Stage [ICS]	Reference
4,200 - 0	Holocene	Late Holocene	Stuiver and Reimer (1986)
8,186–4,200	Holocene	Middle Holocene	Stuiver and Reimer (1986)
11,650–8,186	Holocene	Early Holocene	Stuiver and Reimer (1986)
131,949 - 11,650	Pleistocene	Late Pleistocene	Head et al. (2021)

obtained from GEBCO (General Bathymetric Chart of the Oceans) (GEBCO Compilation Group, 2022). All original graphical representations were made with the *ggplot2* package (Wickham, 2016), and statistical analyses were conducted in R version 4.4.1 (R Core Team, 2023).

To analyse publication trends over time, we categorised the data by marine fauna and then by functional group. Firstly, we plotted the cumulative number of publications per year for the entire Mediterranean Sea and subregion. Secondly, we examined publication trends for each functional group, applying the same method of plotting the cumulative number of publications per year for the Mediterranean Sea and each of the three subregions.

The effort measures were provided to help to assess the extent of the authors' efforts to study these species across the Mediterranean Sea over the last 130,00 years. The variables used included the number of study sites, the age certainty method and the temporal coverage provided by each study. When the authors provided the temporal coverage as relative age, such as cultural periods across the three subregions, the absolute age information was complemented with data from the timetable (Leal et al., 2025). For the dating system variable used in the publications, we focused on identifying the most commonly applied methods in

the dataset. We also calculated central tendency and variability statistics for the remaining variables, along with the distribution of publications per geological period, which provides an overview of the most studied periods.

To analyse the distribution of the targeted species across subregions of the Mediterranean Sea within the defined timeframe, we first grouped the same sampling sites into sampling units. Different articles presented the same sampling location; thus, to offer a clearer overview of the main data collection sites across the Mediterranean Sea, we decided to merge the same sampling sites into unique sampling units (Table S3). Sampling sites from both the Black and Marmara seas were included as part of the Eastern Mediterranean due to the limited number of sites in these seas.

To analyse the distribution of the selected species in time, we visualised the records of marine mammals, fishes, and molluscs across four geological periods (from the Late Pleistocene to the Late Holocene) using pie charts overlaid on a map (see Table 3 for the temporal coverage of each period).

### 3. Results

#### 3.1. Systematic literature review

A total of 2,762 publications were retrieved from both Web of Science and Scopus. After removing duplicates, 1,523 publications were screened (Fig. 2). From the first screening, 117 publications were considered eligible for full-text screening. From the second screening, 40 publications were included for gathering information and subsequent analyses. We also included 8 additional publications in the analyses through secondary literature. In total, 48 publications were used to build

PRISMA 2020 flow diagram for new systematic reviews which included searches of databases, registers and other sources

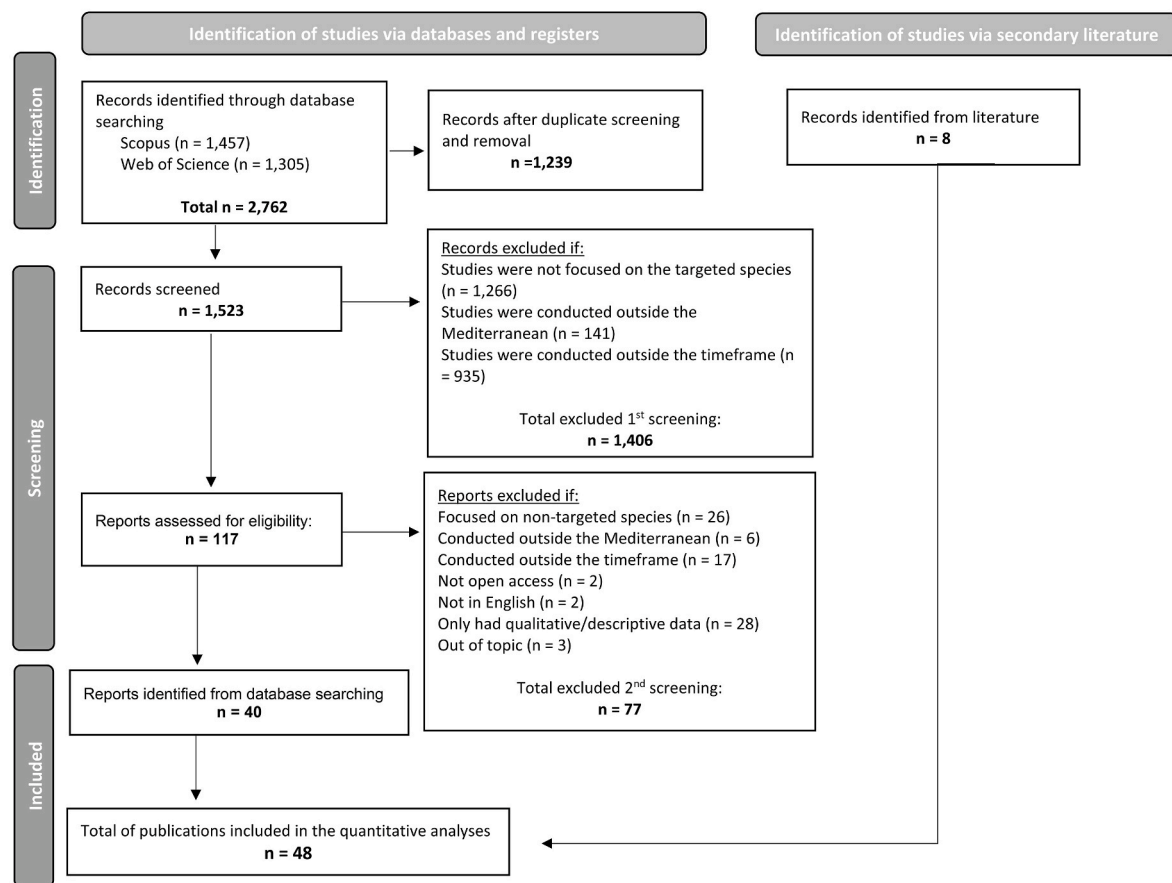
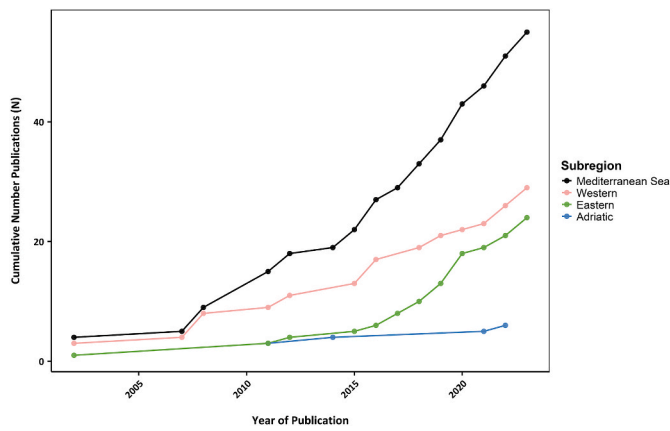


Fig. 2. PRISMA 2020 flow diagram adapted from Page et al. (2021), illustrating the methodology and selection process used, indicating the number (n) of studies included in this review. Bold numbers indicate key values related to the number of studies included in the evaluation process.



**Fig. 3.** Cumulative number of publications through time for the studied marine fauna, categorised by data for the entire Mediterranean Sea (black) and each subregion (coloured).

the database (Fig. 2). The publications were also categorised based on their primary focus, either related to the species as indicators of past environmental conditions or related to previously identified climate and/or anthropogenic impacts upon them. With this classification, 42 of the total number of publications analysed targeted species as indicators and 15 assessed specific climate and human impacts upon the species.

The search covered eighteen species, but the results did not represent them all equally. No results were found for the Senegal seabream, Zebra seabream, *Diplodus levantinus*, and the Sharpnose seabream. Instead, the search yielded data on twenty-three taxa: Clupeidae, Delphinidae, Phocidae, Sparidae, and Scombridae families, *Diplodus* spp., *Thunnus* spp., *Phorcus* spp., and *Monodonta* sp. genus, Common dolphin, Mediterranean monk seal, European anchovy, European pilchard, round sardinella, Madeiran sardinella, gilthead seabream, annular seabream, white seabream, common two-banded seabream, Atlantic bluefin tuna, European flat oyster, banded-dye murex and turbinate monodont.

### 3.2. Research trends

The distribution of publications over the years appeared to follow an increasing trend, with a more significant increase starting from 2015 onwards (Fig. 3). When comparing the three subregions, publications

concerning the Western and Eastern Mediterranean have been available over the years, while publications for the Adriatic Sea began around the year 2010. The publication trend for the Western Mediterranean seemed to follow an increasing pattern, aligning with the general trend. In contrast, the Eastern Mediterranean showed an increasing trend as well, but between 2010 and 2016, there was a slight decrease, followed by a high increase. For the Adriatic Sea, the publication trend appeared relatively constant over the years (Fig. 3).

When comparing publication trends among the functional groups, there were differences (Fig. 4). Publications on marine mammals were fewer compared to those on fish and molluscs. For marine mammals, the overall trend was positive and increasing, with the Western and Eastern Mediterranean showing similar trends, although the Eastern Mediterranean had fewer publications. For the Adriatic Sea, no clear trend was established due to only one publication (Fig. 4).

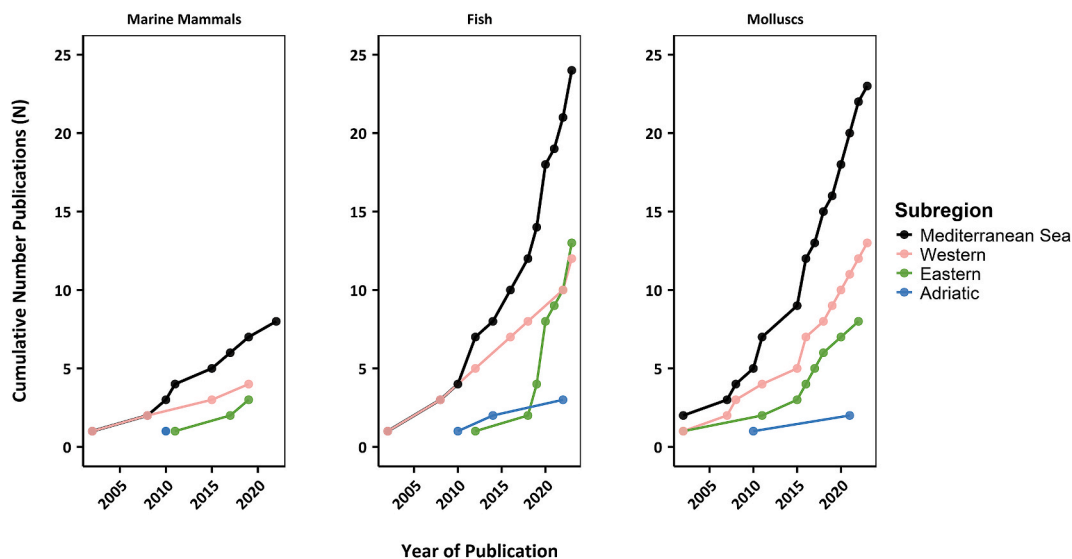
For fish, the general trend showed a steep increase over time, though the trends differ among subregions (Fig. 4). The Western Mediterranean displayed a positive but less pronounced trend than the overall trend. The Eastern Mediterranean had fewer publications in the initial years, followed by an increase from 2017 to the present. Research on the Adriatic Sea followed a positive trend but remained more constant over time (Fig. 4).

Molluscs showed a generally positive publication trend over time (Fig. 4). Both the Western and Eastern Mediterranean exhibited positive trends, although the Eastern Mediterranean experienced a decrease between 2010 and 2015. The Adriatic Sea also showed a positive trend, though it remained more stable than the other subregions (Fig. 4).

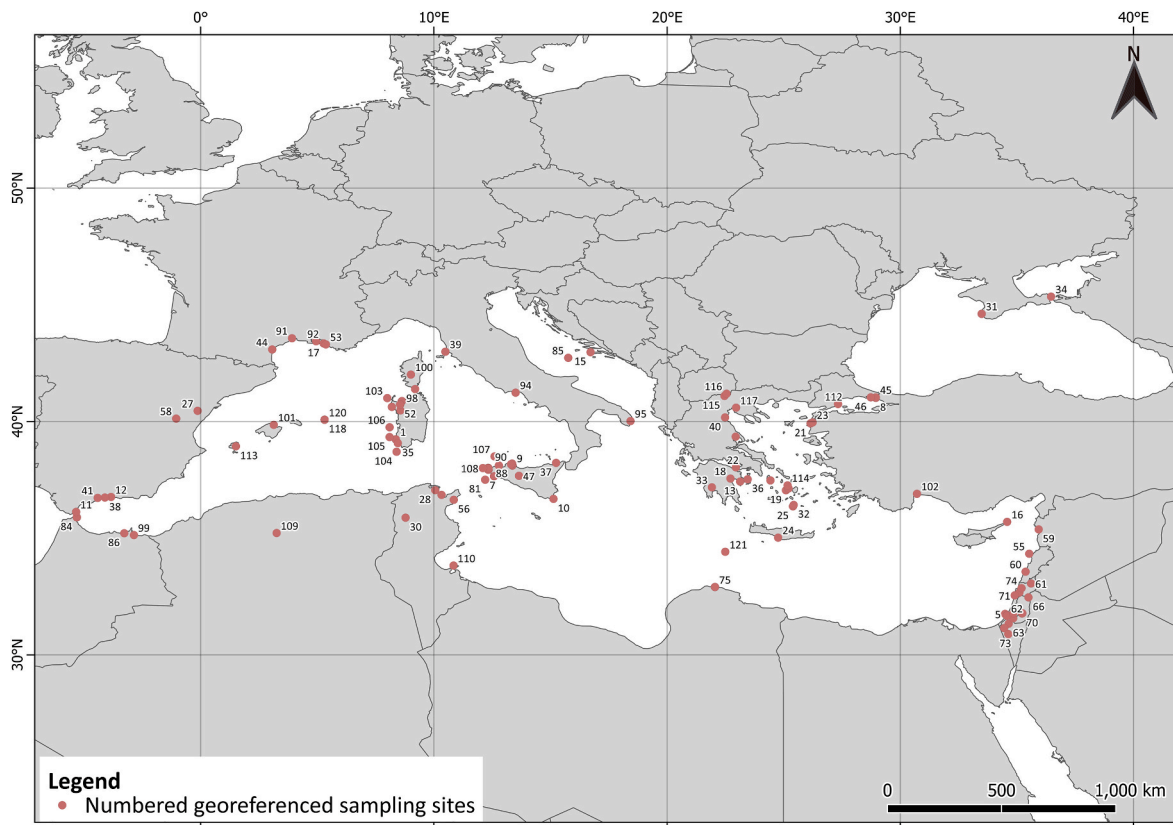
The number of sampling sites per study ranged from 1 to 270, with a mean value of 33 sampling sites (Table 4). In terms of temporal coverage, the mean coverage (~241 million years) is significantly higher than the median (~5 thousand years), ranging between 84 and 100.5 million years (Table 4). The number of publications per geological

**Table 4**  
Summary of descriptive statistics for effort measures.

	Number of sites per study	Temporal coverage (years)	Number of publications per geologic period
Mean	33.3	Mean 241,3101	Late Pleistocene 14
Median	10	Median 5295.5	Early Holocene 15
Minimum	1	Minimum 84	Middle Holocene 15
Maximum	270	Maximum 100.5 Ma	Late Holocene 27



**Fig. 4.** Cumulative number of publications through time, for marine mammals, fish and molluscs, categorised by data for the entire Mediterranean Sea (black) and each subregion (coloured).



**Fig. 5.** Map of the Mediterranean Sea showing sampling units (red circles). Each number corresponds to a unique sampling site. Detailed information on each location and its corresponding publication is provided in [Table S3](#). (For interpretation of the references to colour in this figure legend, the reader is referred to the Web version of this article.)

period showed that the Late Holocene had the most studies, in contrast to the other periods. The results also showed that radiometric dating was the most used method ( $n = 23$ ; [Leal et al., 2025](#)).

### 3.3. Spatial distribution of the data

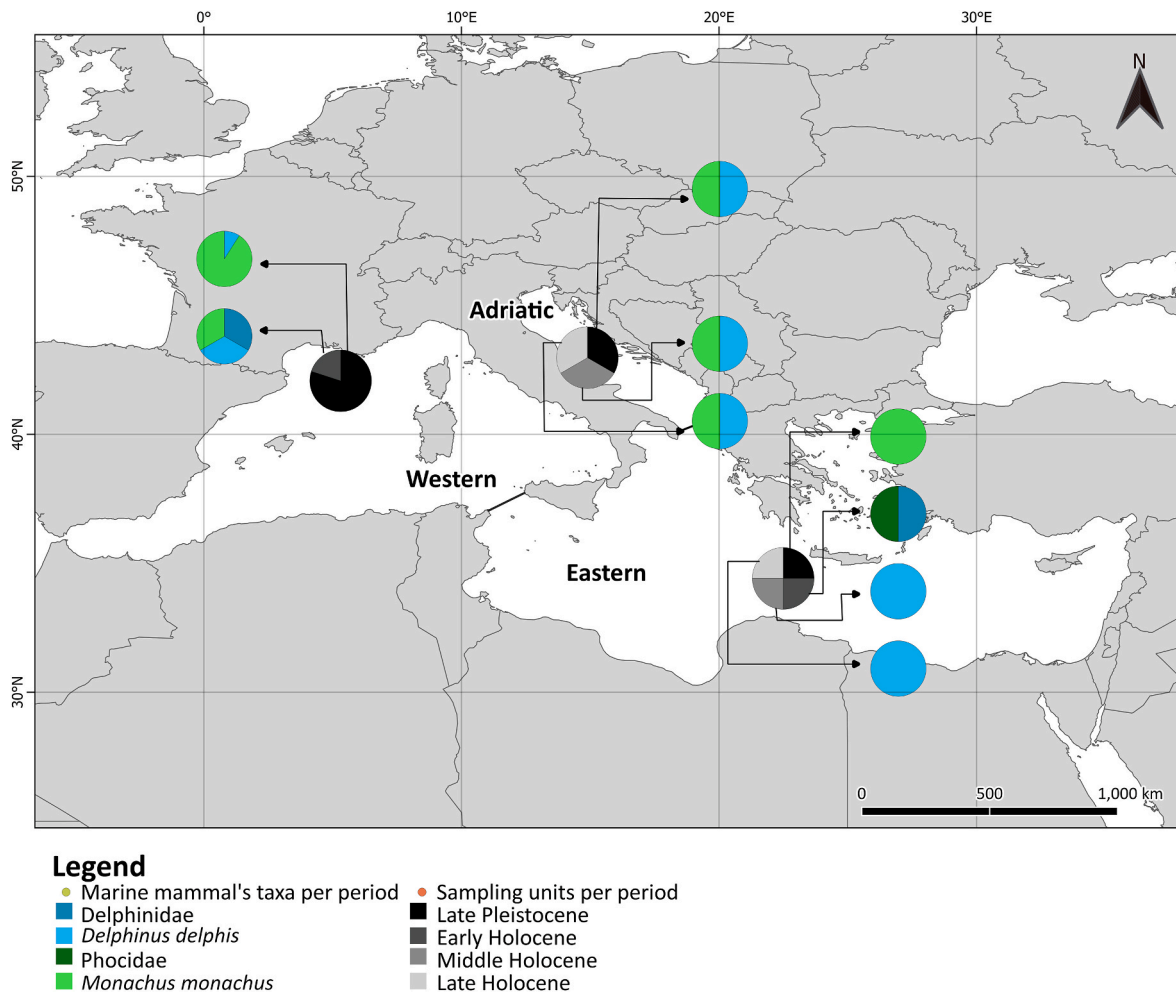
The sampling units were not equally spatially distributed throughout the Mediterranean area ([Fig. 5](#)). The Western and Eastern Mediterranean had a higher number of sampling units containing the targeted species compared to the Adriatic Sea. Additionally, isolated sampling units were presented in the Black and Marmara Seas ([Fig. 5](#), see also [Table S3](#) for detailed information on each sampling unit). Additionally, most of the sampling units were located in the coastal areas.

### 3.4. Functional differences through time

There were differences when comparing the distribution of marine mammal records across the three subregions ([Fig. 6](#)). In the Western Mediterranean, there was a higher percentage of records from the Late Pleistocene period (80 %), particularly from the Phocidae family (91 %). Conversely, the Early Holocene period exhibited a similar percentage of records (33 %) between Phocidae, Delphinidae, and the common dolphin. In the Adriatic Sea, records were distributed across the three periods (50 %), with a lack of data for the Early Holocene. It is important to note the shift from a higher percentage of records from the Delphinidae and Phocidae families to a predominance of common dolphin records in more recent years. In the Eastern Mediterranean, the two most recent geological periods showed a similar percentage of common dolphin records (100 %). Interestingly, the Late Pleistocene period included only records of the Mediterranean monk seal (100 %), whereas the Early Holocene period exhibited records from both families (50 % each).

The distribution of fish records was consistent across the studied Mediterranean subregions ([Fig. 7](#)), though variability existed within the periods for each subregion. For example, there was a lack of data for the Late Pleistocene in the Eastern Mediterranean, while in the Western Mediterranean, records were concentrated in the Early Holocene. Atlantic bluefin tuna and Sparidae records dominated across all periods, with the presence of the Clupeidae and Scombridae families. In the Adriatic Sea, the Middle Holocene showed the highest concentration of data, with Clupeidae being the most common family across all periods, complemented by significant contributions from the gilthead seabream (25–40 %) and the Atlantic bluefin tuna (20–25 %). The Eastern Mediterranean again lacked information for the Late Pleistocene. When examining the entire Holocene and all species, the Atlantic bluefin tuna consistently presented a higher percentage of records. Notably, fish diversity increased throughout the Holocene, reflecting a rise in the variety of recorded species.

There were mollusc data available for all subregions and all geological periods ([Fig. 8](#)), although in varying percentages. The Western Mediterranean had more records for the Early Holocene (42 %), the Adriatic Sea for the Middle Holocene (40 %), and the Eastern Mediterranean for the Late Pleistocene and Late Holocene (40 % each). Turbinate monodont records accounted for a high percentage across the three subregions and four geological periods. The European flat oyster showed the highest percentage in the Western Mediterranean (18–55 %), while the banded-dye murex dominated in the Eastern Mediterranean (22–50 %). In the Adriatic Sea, both species were present, but the turbinate monodont consistently had the highest percentage across all periods (33–100 %).



**Fig. 6.** Proportional distribution (%) of sampling units per geological period, species and corresponding family across Mediterranean subregions for marine mammal records. The central pie chart (black to light grey) represents the proportion of records per geological period, while the secondary pie charts show the functional distribution of records for each period. Taxa within the same family are represented using gradient colours. (For interpretation of the references to colour in this figure legend, the reader is referred to the Web version of this article.)

#### 4. Discussion

Our systematic review reveals an increasing temporal trend in research focused on marine mammals, fishes and molluscs that may have been affected by climate and anthropogenic pressures over the last 130,000 years. The Adriatic Sea seems to be underrepresented across all functional groups, with marine mammals being particularly less studied than fishes and molluscs. The data primarily originate from the Holocene, reflecting the availability of written and archaeological records, compared to Late Pleistocene information.

Most publications in the database focus on multiple species, using them as indicators of paleoclimatic and paleoenvironmental conditions or human subsistence strategies (e.g., Bosch et al., 2018; Branscombe et al., 2021; Segauoi et al., 2022). This highlights a potential research gap: while long-term data exist to evaluate past climate and human impacts, relatively few studies address these effects on marine ecosystems. For example, species like the turbate monodont, which is highly common in archaeological deposits in the Mediterranean Sea (Mannino et al., 2007, 2008), are often used for reconstructing past conditions rather than assessing the potential impact on this species and the ecosystem. Therefore, there is a need to apply a more inclusive approach in targeting multiple species that could enhance our understanding of historical ecosystem changes (Jackson et al., 2001; Lotze et al., 2011; Thurstan, 2022).

The increasing number of publications since 2015 across the

Mediterranean Sea suggests a growing research interest in past impacts. However, subregional imbalance, based on the results from the search strategy and posterior screening processes, resulting in more studies conducted in the Western and Eastern subregions compared to the Adriatic Sea. This discrepancy might reflect the differentiated availability of accessible data rather than an actual lack of information about the Adriatic Sea. Studies conducted in this subregion, such as Lotze et al. (2006), highlight the current research with important implications regarding ecosystem-level changes. However, despite the existence of this type of research, there is a need for more targeted data collection in underrepresented subregions to assess the potential impact on the Mediterranean ecosystem. Temporal analyses show a predominance of Holocene records over Late Pleistocene data. This disparity is likely due to better-preserved, more accessible Holocene records (e.g., Andrews et al., 2023; López-Sáez et al., 2023). While some studies span extensive timeframes (e.g., Andrews et al., 2022; Lotze et al., 2011), others focus on shorter periods, further emphasising the need for comprehensive, standardised data collection.

This systematic review showed considerable variability in the research effort metrics. Differences in the number of sites and temporal coverage per study depend on the sampling design and the contents of each sampling location, lacking equality in data provided by each publication. Although several dating methods were employed across publications, the most used absolute dating method in the database is radiometric dating (e.g., Bosch et al., 2018; Colonese et al., 2018; Agiadi

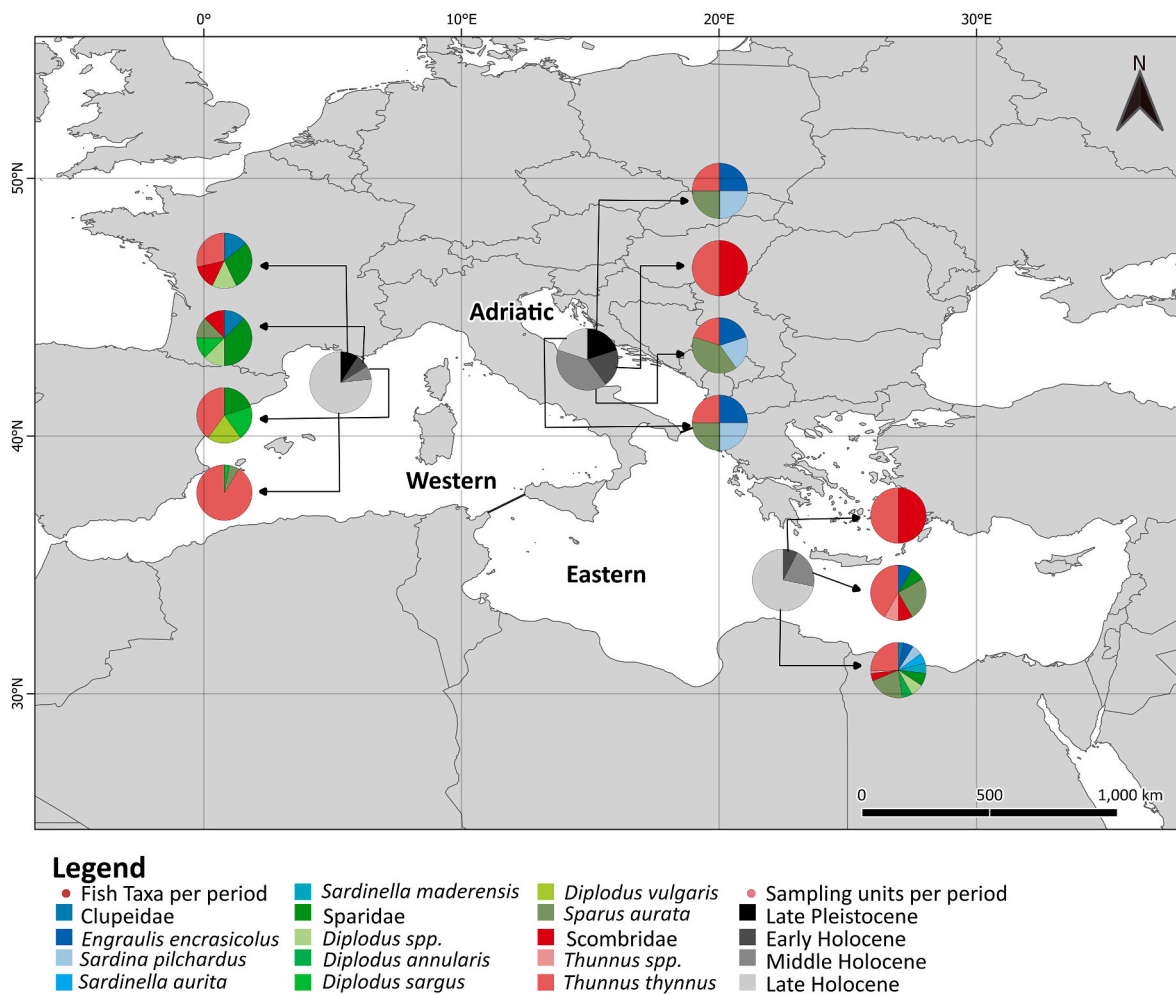


Fig. 7. Proportional distribution (%) of sampling units per geological period and corresponding taxa for fishes by each subregion of the Mediterranean Sea. The central pie chart (black to light grey) represents the proportion of records per geological period, while the secondary pie charts show the functional distribution of records for each period. Taxa within the same family are represented using gradient colours. (For interpretation of the references to colour in this figure legend, the reader is referred to the Web version of this article.)

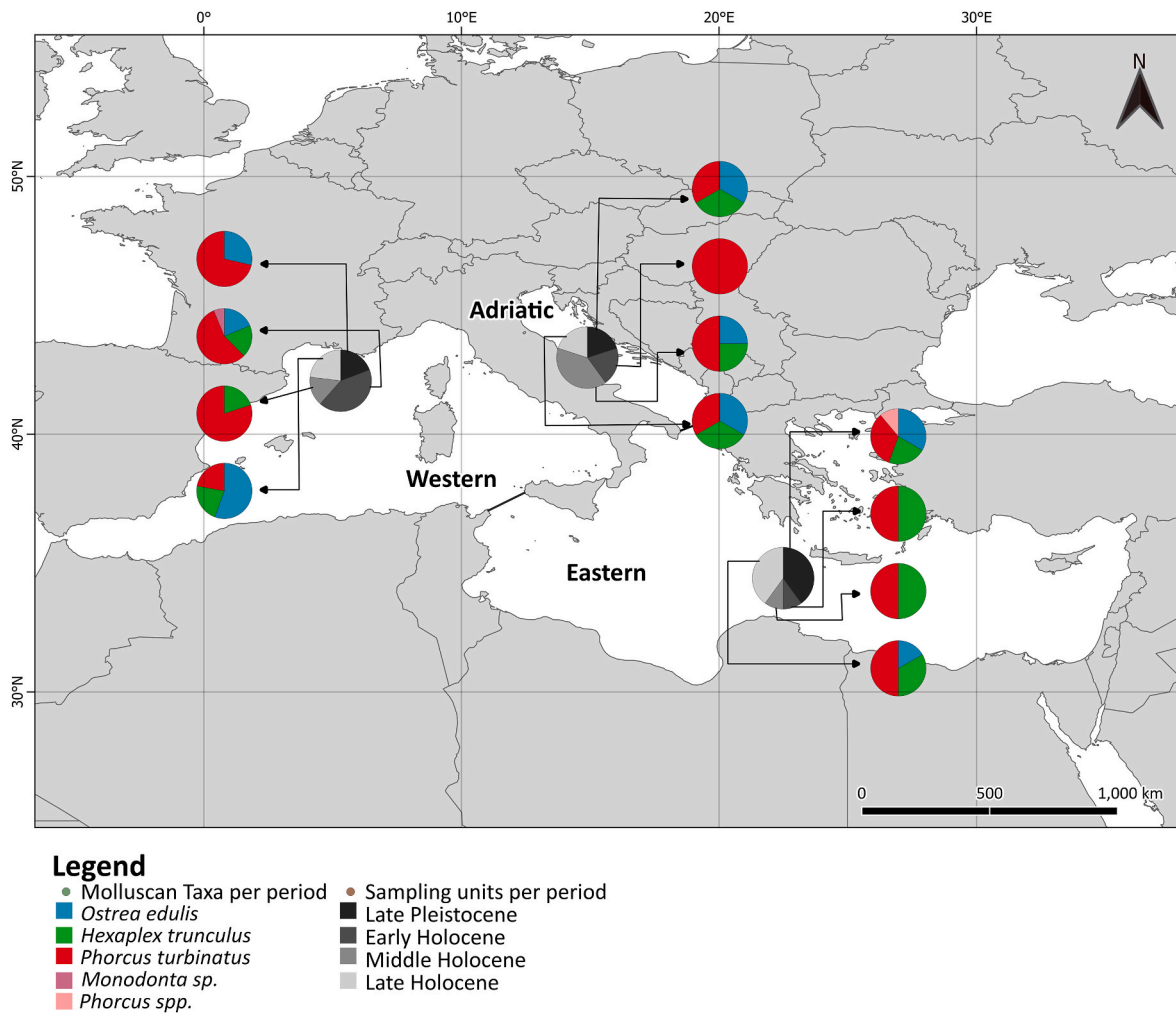
and Albano, 2020). This method attributes age to the decay of the natural radioactive components (Wiens, 2002), which offers higher accuracy than other dating methods, such as contextualisation of the stratigraphic layers/units or archaeological context.

Regarding the research focused on each functional group, marine mammals seem to be the least represented in spatial and temporal records compared to fish and molluscs. Despite their ecological and cultural significance, marine mammals face ongoing challenges from overexploitation, bycatch, and pollution (Schipper et al., 2008). Identifying their remains in archaeological contexts is particularly difficult due to fragmentary evidence (Mulville, 2002), but advances in genetic methods (e.g., ancient DNA extraction; Lindqvist et al., 2009) offer promising solutions. Greater use of such techniques could significantly improve data availability for this group. Iconic species like the Mediterranean monk seal and common dolphin were historically abundant but have experienced steep declines due to hunting and habitat destruction (Johnson, 2004; Lotze et al., 2011). Similarly, commercially valuable species like the Atlantic bluefin tuna and Sparidae family show extensive exploitation histories, with some species continuing to support modern fisheries (e.g., García-Vargas & Florido del Corral, 2010; Di Natale, 2014). Molluscs, particularly the turbanate monodont, are well-documented in archaeological records, often reflecting their ecological resilience and ease of harvesting (e.g., Bosch et al., 2018; Lo Presti et al., 2019).

Although this work provides novel information on the research

efforts and gaps related to past impacts in the Mediterranean Sea, it has several limitations. To ensure reproducibility, we have conducted the search in English and used two search engines (Web of Science and Scopus). Considering additional languages and more search engines could improve the number of publications identified. There is a lack of standardised sampling methodologies across studies (e.g., absolute dating methods and dating systems), a diversity of publication types, and variability in data from different authors. There is also a bias linked to the research efforts being the European Mediterranean countries more studied compared to other regions (e.g., Agiadi et al., 2024). The data availability across functional groups may relate to their commercial value. While emblematic species such as cetaceans and pinnipeds remain underrepresented (e.g., Mulville, 2002; Tortosa et al., 2002), species of both commercial and ecological importance, including Atlantic bluefin tuna (e.g., García-Vargas & Florido del Corral, 2010; Di Natale, 2014; Andrews et al., 2022) and Sparidae (e.g., Basurco et al., 2011; Colonese et al., 2018; Guy et al., 2018) receive more research focus. There are inherent constraints with paleontological data, as pointed out by Agiadi et al. (2024), including the taphonomic preservation of the fossil record, access to samples and the aforementioned biases can lead to differences in species distribution across the fossil record, between subregions and time intervals.

To address some of these limitations, it is necessary to conduct balanced research efforts to study species that play significant ecological roles alongside those of economic interest. Furthermore, species with



**Fig. 8.** Proportional distribution (%) of sampling units per geological period and corresponding taxa by each subregion of the Mediterranean Sea for molluscs. The central pie chart (black to light grey) represents the proportion of records per geological period, while the secondary pie charts show the functional distribution of records for each period. Taxa within the same family are represented using gradient colours. (For interpretation of the references to colour in this figure legend, the reader is referred to the Web version of this article.)

low representativity should be the focus of further paleontological studies, and at the same time refine the search strategy including more languages and other search engines to locate a greater number of scientific publications (e.g., articles, books and reports) on the targeted species and between subregions of the Mediterranean Sea. Additionally, further efforts should be made to establish structured protocols or standardised guidelines, enabling a more accurate evaluation of research efforts within this field of study.

## 5. Conclusions

Despite limitations such as non-standardised sampling methods and variable publication types and data, this review provides valuable insights into current research trends and gaps regarding the Mediterranean's marine fauna over the last 130,000 years. Employing the PRISMA method proved effective in synthesising information from different sources, offering a clear framework to identify research gaps. We propose more collaborations between researchers and multidisciplinary areas to develop and improve practical approaches to gathering data in a standardised format for posterior research. This will lead to a broad perspective on marine ecosystem research, along with current and future environmental management research of the Mediterranean Sea's ecosystems.

## CRediT authorship contribution statement

**Daniela Leal:** Writing – original draft, Methodology, Funding acquisition, Formal analysis. **Konstantina Agiadi:** Writing – review & editing, Supervision, Methodology, Conceptualization. **Maria Bas:** Writing – review & editing, Supervision, Methodology, Conceptualization.

## Data availability

All data produced for this work are available in the main manuscript and the supplementary material. The data provided by Leal et al. (2025) regarding the database and timetable is available through the following link: <https://doi.org/10.5281/zenodo.14726420>.

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## Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence

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## Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.jas.2025.106242>.

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