

1 **A concise review of the brown seaweed *Sargassum thunbergii* — a knowledge**
2 **base to inform large-scale cultivation efforts**

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25 **Abstract**

26 *Sargassum thunbergii* is a brown macroalga endemic to the northwest Pacific. It plays
27 important ecological roles in the structure and maintainance of coastal marine
28 ecosystems. The bioactive compounds extracted from *S. thunbergii* have been
29 extensively documented for potential use in the pharmaceutical and food industries.
30 The species is edible and contains relatively high levels of proteins, minerals and
31 several types of amino acids. The present work compiles recently published literature
32 on *S. thunbergii*, with particular focus on cultivation efforts in China, including the
33 breeding of seedlings and cultivation at sea. A concise review of possible applications
34 is given. Distribution, range shifts associated with past climate change, population
35 genetic structure and connectivity, life history, reproduction and development are all
36 detailed. The review provides important guidelines for future large-scale farming of
37 *S. thunbergii*. This will help aquaculturalists (phyconomists) to meet the expected
38 increases in demand by industrial users. It will also help to conserve natural
39 populations which may be declining due to destructive harvesting and rapid ocean
40 changes.

41 **Keywords** Aquaculture; Climate change; Conservation; Cultivation; Ecological
42 adaptation; Genetic diversity

43

44 **Introduction**

45 *Sargassum thunbergii* (Mertens ex Roth) Kuntze (Basionym: *Fucus thunbergii* Mertens
46 ex Roth) is a perennial marine brown macroalga, belonging to the family
47 Sargassaceae in the order Fucales. It was first described by the German botanist Otto
48 Kuntze in 1880. This species had some homotypic synonyms such as *Cystoseira*
49 *thunbergii* (Mertens ex Roth) C. Agardh 1820, *Myagropsis thunbergii* (Mertens ex Roth)
50 Kützing 1849 and *Turbinaria thunbergii* (Mertens ex Roth) Yendo 1905 (Guiry and
51 Guiry 2021). *Sargassum thunbergii* also had heterotypic synonyms, e.g. *Fucus swartzii*
52 C. Agardh 1815, *Rhodomela swartzii* (C. Agardh) C. Agardh 1824; *Myagropsis swartzii*
53 (C. Agardh) Kützing 1860 and *Sargassum swartzianum* Yendo 1907 (Guiry and Guiry
54 2021).

55 *Sargassum thunbergii* is one of the most common habitat-forming macroalgae with
56 important ecological roles in coastal marine ecosystems. *S. thunbergii* can accumulate
57 heavy metals and metalloids (e.g., Zinc, Cadmium, Copper and Arsenic) in polluted
58 waters (Wu et al. 2010). It can also assimilate nitrogen and phosphorus in eutrophic
59 coastal waters (Wang et al. 2011).

60 The bioactive components in *S. thunbergii* have many pharmaceutical and
61 nutraceutical applications. For example, an ethanolic extract of *S. thunbergii* inhibits
62 oedema in mice without acute toxicity, thus presenting a potential remedy for
63 inflammation-related symptoms in humans (Kang et al. 2008). Potential
64 nutraceutical benefits include the reduction of blood sugar and fat, immune system
65 regulation, elimination of superoxide anion radicals (e.g., $O_2^{\cdot-}$), prevention of
66 thrombus formation and of bacterial infections via functional polysaccharides,
67 polyphenols and/or liposoluble compounds (Sun et al. 2018). Alginate, mannitol and
68 iodine can be extracted and these are important raw materials for chemical industry
69 (e.g., in textile production and rubber processing) (He et al. 2011; Sun et al. 2018).

70 Because of its high nutritional value and low alginate content, *S. thunbergii* is
71 widely used in the food industry. It is rich in protein, vitamins, minerals and umami
72 amino acids. The nutrient composition is comparable with the edible kelp *Saccharina*

73 *japonica* (Areschoug) Lane, Mayes, Druehl et Saunders in East Asia (Table 1) (Tao et
74 al. 2001; Hu et al. 2016). *S. thunbergii* has long culinary history in China, Japan and
75 Korea.

76 In Chinese marine aquaculture, *S. thunbergii* has been used since the early 2000s
77 as a preferred natural food for sea cucumber and abalone (Han and Li 2005). Juvenile
78 sea cucumber (*Stichopus japonicus*) that had been fed fresh, ground *S. thunbergii*
79 exhibited greater growth rate, survival rate and disease resistance than when fed
80 with other marine macroalgae (Zhou et al. 2010; Guo et al. 2011). The widespread
81 use of *S. thunbergii* has resulted in its over-exploitation in northern China (Liang et al.
82 2014). This has put considerable pressure on natural resources. Marine farming of *S.*
83 *thunbergii* in coastal areas will help to both meet the increasing demand of the
84 market and restore declining natural populations and the intertidal habitats they
85 support.

86 **Distribution and range shifts driven by historical climate change**

87 *Sargassum thunbergii* is one of the most dominant macroalgae endemic to the
88 Northwest Pacific, it is found between middle and lower intertidal levels. Its
89 geographical range currently spans approximately 25° in latitude from Hokkaido,
90 Japan (44°N) to Hainan Island, China (20°N) (Tseng 1983; Titlyanov et al. 2015). *S.*
91 *thunbergii* finds suitable habitat along the coasts of the East China Sea, Yellow-Bohai
92 Sea, the Korean Peninsula and the Japanese Archipelago (Fig. 1a). The range of *S.*
93 *thunbergii* in the Northwest Pacific has been influenced considerably by historical
94 climate change (Hu et al. 2011, 2017), particularly the Quasi-100 ky glacial-
95 interglacial cycles triggered by the carbon-climate and other mechanism, in which
96 climate, carbon cycle and ice-sheets interact with each other to produce a feedback
97 that can produce the major observed Quaternary climate variations (Zeng 2006). The
98 periodic, dramatic fall and rise of sea level driven by Paleoclimatic oscillations re-
99 structured coastal topology and connectivity to surrounding habitats, may explain
100 the distribution of other coastal marine sessile species in the Northwest Pacific
101 (Benzie and William 1997). For instance, sea levels in the Northwest Pacific dropped

102 by 120–140 m during the Last Glacial Maximum (20 kya) (Lambeck et al. 2002),
103 leading to the emersion of land mass and the establishment of several marginal sea
104 basins in the Northwest Pacific (Fig. 1b) (Wang 1999; Voris 2000). The South China
105 Sea basin became a semi-enclosed marginal sea and the East China Sea basin was
106 reduced to an elongated Okinawa Trough (Fig. 1b). Species distribution models
107 suggests that lower sea levels during the Last Glacial Maximum considerably shifted
108 the distribution of *S. thunbergii*, with the southernmost boundary of suitable habitats
109 extending approximately to 5°N southward (Fig. 1b). At the same time, the
110 northernmost boundary of *S. thunbergii* retracted to around 35° N (Fig. 1b). When
111 the marginal seas reunited, due to postglacial sea-level rise, *S. thunbergii* populations
112 expanded northwards driven by coastal currents (Li et al. 2017). During the Mid-
113 Holocene (6 kya), *S. thunbergii* populations moved eastwards to the coasts of the
114 Chinese marginal seas and northwards to the coasts of the Korean Peninsula and
115 further to Japan (Fig. 1c). Therefore, climate change since the Last Glacial Maximum
116 and associated coastal environmental oscillations have played a significant role in
117 shaping the present day geographical distribution of *S. thunbergii* in the Northwest
118 Pacific.

119 **Genetic variation and connectivity of populations**

120 Population genetics provides some of the most crucial information to guide
121 sustainable exploitation and conservation of seaweeds with commercial values. Such
122 information includes genetic population structuring and connectivity, the presence of
123 unique gene pools, the genetic relics in pristine habitats and the distribution of
124 genetic diversity within populations. At a regional scale around the Shandong
125 Peninsula in China, four *S. thunbergii* populations showed high genetic differentiation
126 and a clear relationship between genetic and geographical distances (Isolation by
127 Distance model) (Zhao et al. 2007). Subsequently, two genetic lineages along the
128 coast of China were independently identified by two molecular markers (Li et al.
129 2017a; Liu et al. 2018). There was a clear north to south breakage corresponding to
130 the geographic isolation resulting from the presence of low-salinity water lenses in

131 the expansion area of the Changjiang (Yangtze) diluted water. In Japan, *S. thunbergii*
132 showed a clear genetic differentiation at Single Nucleotide Polymorphism (SNP) loci
133 in double digest restriction site-associated DNA sequencing (ddRAD-seq) between
134 populations from four geographic regions: Kyushu, the Sea of Japan, Hokkaido and
135 Tohoku, and along the Pacific coast from Kyushu to Kanto. The authors also proposed
136 that *S. thunbergii* populations from Kyushu and the Sea of Japan maintained different
137 genetic lineages from those of China and Korea (Kobayashi et al. 2018).

138 Across the entire Northwest Pacific, *S. thunbergii* populations separated into
139 multiple microsatellite-based clusters ($K = 6$, Fig. 2a) with a hierarchical genetic
140 structure (Li et al. 2017b), resembling the phylogeographic structure observed for *S.*
141 *fusiforme* (Hu et al. 2017). This phylogeographic diversity pattern may result from
142 multiple dispersal and vicariance events (Hu et al. 2015; Zhong et al. 2020). *S.*
143 *thunbergii* populations along the Pacific coasts of Japan (Pops 1–4 in Fig. 2b) show
144 high levels of genetic variation, which could be explained by the maintenance of
145 distinct ancestral genetic variants (Li et al. 2017b). A deep genetic split was further
146 detected between populations in the Yellow-Bohai Sea (Pops 14–27) and East China
147 Sea (Pops 28–35) (Fig. 2b). Based on the species' biogeographic history projected by
148 distribution modelling (Fig. 1b, 1c), we can infer that genetic population variation in
149 the Sea of Japan, and along the Korean and Chinese coasts may be explained by
150 vicariance and ad-mixture of populations that have survived the Last Glacial
151 Maximum along the Okinawa Trough and the South China Sea (Fig. 1b; Hu et al.
152 2017).

153 Population ad-mixture can be driven by ocean currents. In the Northwest Pacific,
154 the dominant ocean current system comprises the China Coastal Current, the
155 Kuroshio Current and its branches, the Yellow Sea Warm Current and the Tsushima
156 Warm Current (Fig. 3a). These coastal currents accelerate genetic exchange between
157 *S. thunbergii* populations from different marginal seas, leading to an ad-mixture of
158 different ancestral populations. Molecular analyses clearly showed that gene flow
159 between *S. thunbergii* populations was almost identical to the direction of ocean
160 currents in this region (Li et al. 2017b). In particular, significant gene flow was

161 detected from southern China (Pop 28, Pops 29+30) to the Sea of Japan (Pop 7), via
162 southern Korea (Pops 11+12+13) (Fig. 3b). This suggests that, southern Korea acted
163 as a transition zone across which *S. thunbergii* populations migrated from the East
164 China Sea to the Sea of Japan. The Tsushima Warm Current, originating from the
165 Okinawa Trough, may contribute to genetic connectivity between populations in
166 southern Korea (Pops 11+12+13) and the Sea of Japan (Fig.3). The dispersal of *S.*
167 *thunbergii* along the Korean coast appears to be mainly driven by the southward
168 Korean Coastal Current and northward Tsushima Warm Current (Fig. 3b). Although
169 microsatellites revealed two genetically diverged clusters in *S. thunbergii* along the
170 coast of China, strong asymmetric gene flow was detected from Pops 25+27 to Pop 28
171 and from Pop 28 to Pops 29+30, suggesting the China Coastal Current can transport
172 floating marine organisms (e.g. algal fragments) from the Yellow-Bohai Sea to the
173 East China Sea (Fig. 3b).

174 **Life history and reproductive characteristics**

175 *Sargassum thunbergii* has a haplobiontic life cycle that lacks a gametophyte
176 generation, and the dominant diploid phase is sporophyte (Critchley et al. 1991) (Fig.
177 4). The gametes are the only haploid phase. The sporophyte of *S. thunbergii* is
178 dioecious, and can reproduce both sexually and vegetatively. Sexual reproduction in *S.*
179 *thunbergii* is oogamous. Vegetative reproduction is possible through rhizoidal
180 extensions, i.e., new thalli germinate around rhizoid (Fig. 4g).

181 *Sexual reproduction*

182 The age of maturity differs among *Sargassum thunbergii* populations from different
183 sea areas. It increases with latitude and high temperature along the coast of China.
184 Therefore, it seems likely that sea temperature may be a key factor affecting the
185 maturation of *S. thunbergii* (Zhan et al. 2006; Wang and Liu 2007; Zhang et al. 2007).
186 When the male and female sporophytes become mature, the receptacles will grow on
187 the specifically modified laterals (secondary lateral branches) (Fig. 4b). The
188 receptacles are oblong or cylindrical (cigar-shaped), with a blunt tip. They occur
189 singly or in small groups, growing in the leaf (phyllode) axils (Wang et al. 2006).

190 There are significant differences in shape and size of the receptacles between
191 populations from different geographic areas. Male and female conceptacles are
192 formed on the male and female receptacles, in which the antheridia and oogonia
193 develop, respectively. Generally, the female receptacles are relatively thick and short,
194 about 3–14 mm in length, whereas the male receptacles are more slender, about 10–
195 23 mm in length (Wang et al. 2006; Zhan et al. 2006). However, some female and
196 male receptacles are similar in appearance, and it is not easy to distinguish between
197 sexes when they are not fully mature (Wang et al. 2006). Following fertilization, a
198 diploid zygote is formed by the fusion of an antherozoid with an egg, which
199 germinates immediately and grows into a new sporophyte (Fig. 4c, 4d, 4e). At the
200 same time, segmentation of the zygote/germling proceeds rapidly (Critchley et al.
201 1991).

202 At maturity, the female receptacles are slightly rough in texture due to the newly
203 released eggs or fertilized eggs (zygotes) attached to the surface (Fig. 5a). This
204 phenomenon resembles the “incubation” of germlings in *Sargassum muticum*
205 described by Nicholson et al. (1974). The surface of male receptacles remains smooth
206 (Zhan et al. 2006). The male and female conceptacles are located within the male and
207 female receptacles, respectively. Self-fertilization does not occur in *S. thunbergii*. The
208 male conceptacles are relatively sparse, with about 80–120 conceptacles on each
209 receptacle. The diameter of the conceptacle ostiole is about 84–150 μm (Wang et al.
210 2006; Pan et al. 2007; Wang et al. 2007). The female conceptacles are densely
211 clustered compared to conceptacles on the male, but the total number is smaller than
212 that of male, with about 60–90 conceptacles on each female receptacle (Wang et al.
213 2006; Wang et al. 2007). The ostiole of the female conceptacle has a larger diameter
214 of about 130–200 μm . The ostiole diameter in the upper part of the receptacle is
215 slightly smaller than that at the receptacle base, but the conceptacle density in the
216 upper part of the receptacle is greater than that at the receptacle base. The maturity
217 of conceptacles decreases from the base to the top (acropetal maturation) (Wang et
218 al. 2006; Wang et al. 2007).

219 The conceptacle develops from a single superficial cell in the receptacle which is

220 called the conceptacle initial. This cell is flask shaped, larger and has a more
221 prominent nucleus than the adjacent cells. The initial cell divides more slowly than
222 the surrounding cells, and thus becomes invaginated. The initial cell divides
223 transversely into two cells, known as the lower basal cell and the upper tongue cell.
224 The tongue cell divides transversely to create a small filament which later
225 disintegrates. The basal cell makes the fertile layer of conceptacles by continuous
226 vertical division (Sun et al. 2007).

227 The cells in the fertile layer of the female conceptacle develop into oogonia (Sun et
228 al. 2007). The oogonial initial cell on the fertile layer of the female conceptacle
229 divides transversely, resulting into a small, lower stalk cell and a large, upper
230 oogonial cell. The oogonial cell enlarges and forms a spherical oogonium. During
231 oogenesis in *S. thunbergii*, meiotic and subsequent mitotic divisions occur without
232 cytokinesis. Therefore, all eight nuclei remain throughout the maturation process of
233 egg. After plasmogamy, one of the eight fuses with a sperm nucleus and the other
234 seven then degenerate gradually during the development of the zygote (Nagasato et
235 al. 2001; Zhao et al. 2008). This cell forms a single ovum, which will fuse with the
236 nucleus of an antherozoid when fertilization occurs (Pan et al. 2007). The mature
237 oogonia protrude from the conceptacle through the ostiole, but they remain attached
238 to the base of the conceptacle by a long gelatinous stalk. When the oogonia are
239 entirely released from all the conceptacles of a receptacle, the oogonia can
240 completely wrap the surface of the receptacle (Wang et al. 2006; Pan et al. 2007;
241 Wang et al. 2007). This incubation period may confer an advantage for *S. thunbergii*
242 to succeed in germling production (Nicholson et al. 1974). Unfertilized eggs showed
243 strong adhesion ability in an indoor nursery and can detach from the receptacle
244 within 3 days; fertilized eggs showed weak adhesion and can detach within 1–2 days
245 (Zhan et al. 2006; Wang et al. 2007). Increasing water temperature can stimulate egg
246 release (Zhan et al. 2006). Receptacles of sufficient maturity can be ovulated on the
247 same day when placed in a sea water that exceeds the temperature of natural sea
248 water by 3–4°C. In the field, this would take 3–4 days (Zhan et al. 2006; Zhang et al.
249 2007).

250 The cells on the fertile layer of the male conceptacle can divide transversely to
251 form the lower stalk cells and the upper antheridial cell (Sun et al. 2007). The stalk
252 cells undergo multiple transverse divisions to form more stalk cells and antheridial
253 cells. The antheridial cells enlarge and round to form spherical antheridia. The
254 diploid nucleus of the antheridial initial undergoes meiosis, followed by repeated
255 mitotic divisions, forming 32–64 haploid nuclei. The nuclei then accumulate
256 cytoplasm and form haploid antherozoids. The antherozoids, pear-shaped with two
257 laterally inserted flagella, are released into the water column after the gelatinization
258 of the outer wall (Sun et al. 2007).

259 *Fertilization and zygote development*

260 In indoor culture of *S. thunbergii*, the ovulation time of the female receptacles is
261 earlier and shorter compared with the male receptacles (Wang et al. 2007). Females
262 can ovulate in the absence of males, whereas the males will often not discharge any
263 antherozoids without females, implying that the antherozoid discharge may be
264 induced by chemical substances released during the ovulation process (Wang et al.
265 2007). After being discharged from the female conceptacle, the eggs adhere to the
266 outer surface of the receptacle until fertilization (Fig. 5a). After being released, the
267 antherozoids swim to the egg with the help of the flagella and unite with it to form a
268 diploid zygote.

269 About 2–4 hours after fertilization (Liu et al. 2006), the zygote undergoes the first
270 horizontal division to form upper and basal cells, and the basal cell divides again to
271 form a smaller cell at the base, which will further differentiate into rhizoids (Wang et
272 al. 2006; Pan et al 2007; Zhao et al. 2008). The upper cell divides once, approximately
273 every 2–4 hours, and after multiple vertical and horizontal divisions, a pear-shaped
274 embryo sporophyte is formed (Wang et al. 2006; Pan et al 2007; Zhao et al. 2008)
275 (Fig. 5b-5e). When the embryonic sporophyte grows and develops about 16 rows of
276 cells, that is, about 20–48 hours after fertilization, the basal cells form 4–8
277 protrusions (Fig. 5f), which are the initials of the rhizoids (Wang et al. 2006; Pan et al
278 2007; Zhao et al. 2008). The protuberances grow continuously, and the rhizoid
279 quickly exceeds the length of the sporophyte thallus (Pan et al 2007).

280 The emergence of the rhizoid indicates the formation of an intact young
281 sporophyte (Fig. 5g), with the ability to attach when falling off from the receptacle.
282 The embryonic sporophyte develops from the fertilized egg within 24–72 hours on
283 the surface of receptacle, after which it detaches from the receptacles generally from
284 around midnight to the early morning of the next day. Mechanical disturbances, such
285 as agitation, are beneficial to detachment (Sun et al. 2010; Zhang et al. 2007).
286 However, some fertilized eggs or embryonic sporophytes, and even the newly
287 produced rhizoid can remain attached to the surface of the receptacle, and finally
288 detach together with the receptacle from the thallus (Wang et al. 2007). The shed
289 embryonic sporophytes, when attached to a suitable substrate with the rhizoid, can
290 further grows into a large sporophyte. The whole process can be seen in the form of
291 an animation here:
292 <https://www.youtube.com/watch?v=Teeyar2B310&feature=youtu.be>

293 **Seedling in the nursery**

294 In recent years, wild resources of *S. thunbergii* have been drastically depleted due to
295 global climate change and habitat destruction (personal observations), and are, thus,
296 becoming less available for the species' important economic and ecological
297 applications. However, the artificial cultivation of *S. thunbergii* requires large
298 quantities of seedlings. These were mainly obtained by manual collection from
299 natural populations. As a consequence, the wild resources of *S. thunbergii* have been
300 devastatingly damaged in China. In order to protect the wild resources an artificial
301 seedling production system has been developed (Fig. 6) (Sun et al. 2007; Li et al.
302 2009; Zhang et al. 2012).

303 *Facilities and equipment for artificial seedling rearing*

304 Seedlings of *S. thunbergii* are generally bred in rectangular concrete ponds at ambient
305 temperatures (18–23°C) and under natural light (avoiding direct sunlight) (Sun et al.
306 2007; Li et al. 2009). Nurseries for cultured macroalgae, e.g., *Saccharina* spp. and
307 *Pyropia* spp., can be used (Fig. 6a) in addition to special nurseries dedicated to *S.*
308 *thunbergii*. Glass greenhouse enclosures need good ventilation. Glass or transparent

309 Fibre Reinforced Plastic (FRP) should be installed on the roof to ensure good lighting
310 in the nursery. In the nursery, ponds can be of variable size but the depth should not
311 exceed about 0.5 m for optimal operation. In addition, a seawater treatment system is
312 required, including and sedimentation tanks and sand filter facilities.

313 The attachment substratum for the juvenile seedlings of *S. thunbergii* – called the
314 seedling collector (Fig. 6b) can be of stones, shells, bamboo, wooden boards, cement
315 boards, palm-fiber rope and various synthetic fiber materials (e.g. polyethylene or
316 vinylon) (Liu et al. 2017). On account of the efficiency, ease of operation and cost, the
317 most commonly used seedling collector is made by weaving vinylon cloth strips
318 (approximately 2 cm in width) onto a plastic frame with a length of 1 m and a width
319 of 0.5 m. This type of seedling collector provides uniform density and firm
320 attachment for seedlings, and is convenient to use in practice (Sun et al. 2007; Li et al.
321 2009).

322 *Selection and treatment of parental thalli*

323 Wild or artificially cultivated populations can be used as parental thalli for artificial
324 seedling rearing (Fig. 6c) (Sun et al. 2007; Li et al. 2009; Zhang et al. 2009). The
325 individuals providing best parental thalli are strong and healthy, presenting an
326 abundance of lateral branches and mature receptacles. The level of maturity directly
327 determines the success of seedling breeding (Sun et al. 2007; Li et al. 2009). Upon
328 being wrapped by the protruding eggs, the surface of the female receptacle begins to
329 secrete a large amount of mucus, indicating that the receptacle is ready for seedling
330 collection. Temperature has been proven to be a key factor affecting the maturation of
331 *S. thunbergii*. Thus, seasons of growth and production of *S. thunbergii* vary
332 significantly among regions due to temperature shifts in the Northwest Pacific (Koh
333 et al. 1993; Yatsuya 2008). Therefore, it is necessary to select different locations to
334 collect sufficiently mature individuals at the appropriate time of the year, for
335 harvesting germplings for artificial seedling rearing.

336 *Collection of fertilized eggs*

337 Each square meter of the seedling collector generally needs 0.5–1 kg of parental thalli
338 to provide sufficient propagules, and the weight ratio of female to male parental thalli

339 should be about 6–10:1. Before the collection of fertilized eggs, the parental thalli are
340 rinsed 3–4 times with filtered seawater. Thalli can be dried in the shade for several
341 hours to promote the discharge of eggs. If there are already attached eggs on the
342 receptacle surface, it is not necessary to dry in the shade (Wang et al. 2006; Zhan et
343 al. 2007; Li et al. 2009). There are two methods for fertilized egg collection as
344 outlined below (Li et al. 2009).

345 *Direct collection of fertilized eggs:* The seedling collectors are laid in the nursery
346 ponds sterilized by chlorinated lime, and filled with fresh sand-filtrated seawater to a
347 depth of about 30 cm. The parental thalli are laid evenly on the seedling collector, so
348 that the fertilized egg or embryonic sporophyte will fall off naturally and attach to the
349 seedling collector. During the collection, frequent turning the parental thalli can
350 speed up the shedding of the fertilized eggs and facilitates the uniformity of
351 sporophyte attachment. This process will take about 1–2 days, then the parental
352 thalli are taken out the pond. The fertilized eggs or embryonic sporophytes are not
353 firmly attached at this moment. Thus during water replacement, water flow must
354 remain slow in order to prevent the sporophytes from being washed away.

355 *Spraying of fertilized eggs:* The parental thalli are concentrated in a nursery pond
356 until the fertilized eggs are shed. The shed eggs and embryonic sporophytes are
357 collected with a 300-mesh sieve, and sprayed onto the seedling collectors according
358 to the planned seedling density (Fig. 6d). Good seedling results have been
359 demonstrated when the density of fertilized eggs is controlled between 8 and 20 on
360 each seedling collector. This can be discerned under a microscope with 100×
361 magnification.

362 *Indoor rearing of seedlings*

363 Temperature, light and nutrients are important environmental factors affecting the
364 growth of *S. thunbergii* seedlings. Studies have shown that *S. thunbergii* seedlings
365 grow fastest at 18–23°C (Liang et al. 2012; Ma et al. 2013; Wu et al. 2015). The
366 juvenile sporophytes grow well at a range of light 40–160 $\mu\text{mol photons}/(\text{m}^2\cdot\text{s})$ (Ma
367 et al. 2013). When the seedlings reach a length of 3–5 mm, the demand for nitrogen
368 increases. At a nitrogen concentration of 2–10 mg/L, the growth rate maintains an

369 upward trend. The optimal phosphorus concentration for the growth of seedlings is
370 0.4 mg/L, with the optimal ratio of nitrogen-to-phosphorus at 20:1 (Ding et al. 2014).
371 *S. thunbergii* seedlings can survive at a salinity of 21–40 PSU, but grow best at 27–30
372 PSU (Zhan et al. 2006).

373 In the nursery, *S. thunbergii* seedlings are best cultivated with seawater that has
374 been allowed to settle for 24 hours and filtered through sand. The water temperature
375 should be 18–23°C, and the sunlight intensity is should be kept below 300 μmol
376 photons/($\text{m}^2\cdot\text{s}$) by manipulating windows and/or roof shades. Two or three days
377 after the collection of fertilized eggs, seedling collectors should be washed daily
378 under a gentle water current. After 7 days, the seedling collectors are washed using a
379 pressure water jet with the pressure from weak to strong, regulated to avoid the
380 detachment of the seedlings from the collectors. The washing operation should be
381 carried out once every other day (Zhan et al. 2006; Li et al. 2009). The washing of
382 seedling collectors is one of the most important tasks for the indoor culture of *S.*
383 *thunbergii* seedlings. This operation can not only remove other competitive
384 organisms and sludge on the seeding collectors, but also improves the attachment of
385 *S. thunbergii* seedlings (Zhan et al. 2006; Li et al. 2009; Zhang et al. 2012).

386 *Seedling transplant from nursery to the sea*

387 After a period of indoor rearing, the indoor conditions can no longer fully meet the
388 growth requirements of *S. thunbergii* seedlings, and it is necessary to transplant the
389 seedlings into the sea (Li et al. 2009). Production practice has shown that if the
390 seedlings are transplanted into the sea too early, the rhizoids of the seedlings remains
391 too weak to support attachment, resulting in the loss of seedlings at sea. However, if
392 the seedlings are transplanted too late into the sea, their growth will be retarded (Li
393 et al. 2009). Rearing practices came to the consensus that the optimal duration for
394 indoor rearing of *S. thunbergii* seedlings is 10–20 days (Zhang et al. 2007; Li et al.
395 2009). When the seedlings have developed more than 15 rhizoids, and the average
396 thallus height is 2 mm or more, they are ready to be deployed at sea. The seedling
397 collectors are hung horizontally on a floating raft at a water depth of 30 cm (Fig. 7a,
398 Figs. 8a, 8b). After the seedlings have been newly transplanted from the nursery, the

399 seedling collectors provide empty space for the attachment of various competitive
400 seaweeds, sludge, and invertebrate larvae. If they are not cleaned up in time, the
401 seedlings will be covered, hindered in growth, and can even detach and die (Li et al.
402 2009; Zhang et al. 2012). Therefore, it is essential to wash the collectors from time to
403 time. This is best done using high-pressure sea water jets.

404 **Artificial cultivation at sea**

405 Sea areas suitable for the cultivation of *S. thunbergii* should not be influenced by
406 urban sewage, industrial waste or fresh water from rivers. The water depth at high
407 tide must exceed 3 m, the current velocity must exceed 0.6 m/s, and the salinity must
408 go up 20 PSU (unpublished data). Floating rafts are the main facilities for *S.*
409 *thunbergii* cultivation (Fig. 7b; Figs. 8c, 8d), mainly comprising anchors, anchor
410 ropes, floating ropes, cultivating ropes, and floats (floating balls, floating bamboos,
411 etc.).

412 When the cultivated seedlings of *S. thunbergii* exceeds 2 cm in length, they can be
413 removed from the seedling collector and clamped to the cultivating ropes (Fig. 8d).
414 The distance between seedlings shall be about 8–10 cm. The cultivating ropes are
415 hung off a floating rack for cultivation (Fig. 8d), with a space of about 1 m between
416 two ropes. The seedlings then begin to grow rapidly, and form disc-shape rhizoids
417 that can firmly attach to the cultivating ropes. At the end of autumn, several branches
418 sprout from the rhizoid, forming a cluster of thalli. After the fast growing season in
419 autumn, the growth rate of *S. thunbergii* slows down due to the low temperature in
420 winter (Chen et al. 2016). In northern China (e.g. Shandong Province), the cultivating
421 ropes need to be lowered to 50–100 cm in order to improve the winter survival rate
422 of *S. thunbergii*. In spring, as the temperature rises, the growth rate of *S. thunbergii*
423 increases again. From May to June, *S. thunbergii* gradually matures, and is ready to be
424 harvested when the thallus reaches a length of about 2 m (Chen et al. 2016). The
425 daily management of *S. thunbergii* cultivation mainly includes: i) inspection of the
426 cultivating raft structure to ensure its efficiency and safety; ii) inspection of the
427 seedlings to determine if they have detached and/or lost due to waves or other
428 reasons. If this happen, they should be replaced by new seedlings; iii) adjustment of

429 the water depth determined by the floats and anchor ropes according to the
430 transparency of the sea water.

431 **Prospects for the cultivation of *S. thunbergii***

432 Cultivation on shallow sea rafts can increase the growth rate and, thus length and
433 fresh weight of *S. thunbergii* by about three times compared with wild individuals
434 growing on natural rocks (Zhou et al. 2005). Therefore, the increasing commercial
435 demand for this species can be best satisfied by artificial cultivation. The recovery of
436 declining natural populations has the highest potential when parental thalli originate
437 from cultivated instead of wild grown thalli, and when seedlings are cultivated for 2–
438 3 consecutive years (Yuan et al. 2006). If the rhizoids are left behind after harvesting,
439 *S. thunbergii* can regrow from them. This ability emphasises the exceptional potential
440 that exists for the artificial cultivation of *S. thunbergii*.

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600 **Figure captions**

601 **Fig. 1** Ensemble Species distribution maps for *Sargassum thunbergii* for the present
602 (a), the Last Glacial Maximum (b) and the Mid-Holocene (c).

603 **Fig. 2** Genetic structure of *Sargassum thunbergii* populations based on
604 microsatellites. (a) Each vertical column showed the probabilities (partitioned into
605 sections along the y-axis) of an individual to be assigned to six different genetic
606 clusters that are represented by different colors. (b) Geographic representation of the
607 associated probability of assignments (K = 6) for each locality in pie charts. ID
608 numbers for the populations are indicated in the circles.

609 **Fig. 3** The major oceanic current systems in the Northwest Pacific (a) and gene flow
610 estimated between adjacent *Sargassum thunbergii* populations based on nine
611 microsatellites (b).

612 **Fig. 4** The life history of *Sargassum thunbergii*. a: sporophyte; b: mature male and
613 female receptacle; c: eggs on the female receptacles; d: cell division of the zygote; e:
614 embryo sporophyte with rhizoid; f: seedling attached to the substrate; h: young
615 sporophyte; g: new main axis grown from the rhizoid.

616 **Fig. 5** The sexual reproduction of *Sargassum thunbergii*. a: female receptacle with
617 eggs or zygotes; b: fertilized egg; c-e: cell division of the zygote; f-g: embryonic
618 sporophyte with rhizoids.

619 **Fig. 6** Artificial rearing of *Sargassum thunbergii* seedlings in nursery. a: ponds in the
620 nursery; b: seedling collectors; c: parental thalli laid on the seedling collectors; d:
621 samples of young seedlings at different densities attached to the seedling collector.

622 **Fig. 7** Schematic diagram of a floating raft for rearing seedlings (a) and for growing
623 cultivars at sea (b). (a): 1, anchor rope; 2, floating bamboo; 3, anchor; 4, floating rope;
624 5, seedling collector. (b): 1, floating rope; 2, anchor; 3, anchor rope; 4, floater; 5,
625 cultivating rope; 6, thalli of *S. thunbergii* hung on the cultivating rope.

626 **Fig. 8** Photographs of the seedlings (a, b) and cultivation of advanced germlings (c,
627 d).

628

629 **Table 1** Proximate composition of *Sargassum thunbergii* in northern China, including
 630 the comparison with the most well-known edible kelp *Saccharina japonica* in East
 631 Asia (after Hu et al. 2016; Cao et al. 2017)

Composition	Content (mg/g dry weight)		Composition	Content (mg/g dry weight)	
	<i>S. thunbergii</i>	<i>S. japonica</i>		<i>S. thunbergii</i>	<i>S. japonica</i>
Protein	142-194	87-162	Asp*	11.3-14.8	19.8
Crude fat	1.700-60	2.000-15.400	Ser*	4.9-6.0	2.78
Carbohydrate	590-656		Glu*	31.1-43.9	28.7
Crude fiber	44	98	Gly*	5.0-7.5	3.14
Vitamin C	0.206	0.110	Ala*	6.5-13.3	4.81
Ca	2.600	2.900	ΣUAA	71.2-74.8	59.19
K	30.600	42.700	EAA	32.7-58.8	15.98
P	1.100	1.900	HEAA	6.4-10.2	4.22
Sr	0.885	0.340	TAA	135.4-145.8	80.01
Zn	0.028	0.013	ΣSFAs (%)	29.91-36.00	43.76
Cu	0.014	0.007	ΣMUFAs (%)	18.33-24.78	25.00
Mn	0.077	0.012	ΣPUFAs (%)	29.42-41.77	20.69

632 *UAA, umami amino acids; EAA, essential amino acids; HEAA, half-essential amino acids; TAA,
 633 total amino acids; SFAs, saturated free fatty acids; monounsaturated fatty acids; PUFAs,
 634 polyunsaturated fatty acids